

# Darren R. Boas RN, PMHNP-BC

*Trauma-Informed Psychiatric Nurse | Clinical Educator | DNP Candidate | Board Exam Passed*  
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## Education

**George Mason University** *PMHNP-DNP* May 2026 (expected)

**DNP Project:** *The Incorporation of Music Medicine via Headphones on an In-Patient Psychiatric Unit*

**Frostburg State University** *Bachelor of Science in Nursing* Fall 2021

**Frederick Community College** *Associates Degree in Nursing* Spring 2021

## Clinical Experience

**Walter Reed National Military Medical Center - 240**

**Northern Virginia Mental Health Institute - 250 hours**

**Mental Health Associates of Frederick County - 120 hours**

**Bloom Healthcare Rockville, MD - 390 hours**

Clinical focus includes trauma-informed care, medication management, psychotherapy, and systems-based practice

## Healthcare Experience

**Registered Nurse Walter Reed National Military Medical Center – 7 West (In Patient Psychiatric)**

**Employed Full Time from June 2023 to Present working 40 hours per week**

Provide trauma-informed care to active duty military, veterans, reservists and adult dependent patients. Perform patient admission assessments, administer medication, monitor for side effects and document patient progress, provide education and support including non-pharmacological interventions. Support clinical research culture through documentation, safety monitoring, and therapeutic engagement. Serve as charge nurse on rotational basis; manage staffing assignments and initiating shift hand-off reporting. Perform ordered patient care activities including venipuncture and ECGs.

**Adjunct Psychiatric Nursing Clinical Instructor George Mason University**

**Employed Part Time from August 2022 to May 2023 working 20 hours per week**

Implemented the philosophy, curriculum, program outcomes, and course objectives of George Mason University School of Nursing through clinical teaching. Designed immersive clinical experiences that enhanced student competency and patient care outcomes. Provided direct supervision, real-time feedback, and mentorship throughout clinical rotations, fostering therapeutic communication and psychiatric assessment skills.

**Registered Nurse Frederick Health Hospital - Behavioral Health Unit & Psychiatric ED**

**Employed Full Time from June 2021 to May 2023 working 36 hours per week**

Provided trauma-informed psychiatric care across inpatient and emergency settings, including medication administration, patient education, and crisis intervention. Led a process improvement initiative exploring music medicine's impact on anxiety and agitation—now the foundation of my DNP project. Served as charge nurse and ED psychiatric nurse, conducting assessments, coordinating care transitions, and supporting interdisciplinary treatment planning.

## Certifications

Registered Nurse State of Maryland License # R249415 (September 2026)

BLS (September 2026)

## Professional Memberships & Volunteer Experience

American Psychiatric Nurses Association  
Maryland Responds – Medical Reserve Corps